



Supporting Victims of Domestic Violence

Anyone can be a victim of domestic abuse, regardless of **gender, age, ethnicity, religion, socio-economic status, sexuality or background.**
In an emergency call the Police 999 or office hours 101 ask for the Domestic Abuse Unit
Website for information on Domestic violence and abuse
www.dorsetforyou.com

If you are experiencing domestic abuse, you can get support and advice by contacting one of the agencies below:

Police – Emergency Response

999

Police – NON-Emergency Response

101

<https://www.dorset.police.uk/help-advice-crime-prevention/abuse-exploitation-neglect/domestic-abuse/>

Housing Information

For support with housing options or advice on how to stay safely in your own home contact your local authority housing department or housing advice centre

BCP Housing Advice Email:bcphousingadvice@bcpcouncil.gov.uk **01202 123147**

East Dorset housing@dorsetcouncil.gov.uk Tel: **01202 228947**

North Dorset HousingAssessors@dorsetcouncil.gov.uk Tel: **01305 251010**

Purbeck homechoiceteam@dorsetcouncil.gov.uk Tel: **01929 557370**

West Dorset housingoptionsteamb@dorsetcouncil.gov.uk Tel: **01305 251010**

Weymouth and Portland

Email: HousingAssessors@dorsetcouncil.gov.uk Tel: **01305 251010**

You First

Integrated domestic abuse service which works with men, women and children

0800 032 5204

Visit: <https://theyoutrust.org.uk/>

Email: youfirst@theyoutrust.org.uk

You Trust (Paragon Team)

Specialist team working together empowering change for individuals, families, and our communities who experience domestic abuse.

<https://paragonteam.org.uk/>

BCHA

BCHA work to help victims of domestic abuse and human trafficking escape and recover from the traumatic situations they have experienced, and to help them stay safe.

<https://www.bcha.org.uk/our-services/supported-housing/domestic-abuse/>

01202 710777

Victim Support

Victim Support is an independent charity dedicated to supporting victims of crime and traumatic incidents in England and Wales.

<https://www.victimsupport.org.uk/>

0808 1689111

The Shores (Sexual Assault Centre)

Supports victims of rape and sexual assault (including men).

<https://www.the-shores.org.uk/>

0800 970 9954

Sexual Trauma and Recovery Service

STARS is a pan-Dorset charity that offers one to one support, free of charge, for anyone of any age or gender who lives, works or studies in Dorset and has experienced any form of sexual violence at any time in their life.

<https://www.starsdorset.org/>

01202 308840

Dorset Sexual Assault Referral Centre (SARC)

Supporting Men, women and children victim/survivors of sexual violence recent or non-recent **24/7**

0845 5198638

The Survivor Pathway

The Dorset survivor pathway is a guide for anyone wanting to know more about specialist sexual violence support services in Dorset.

<https://www.survivorpathway.org.uk/dorset/>

24 Hour National Domestic Abuse Helpline

A service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. It is run in partnership between Women's Aid and Refuge.

<https://www.nationaldahelpline.org.uk/>

0808 200 247

Men's Advice Line

A confidential helpline for all men experiencing domestic violence by a current or ex-partner. This includes all men – in heterosexual or same-sex relationships. Offers emotional support, practical advice and information on a wide range of services for further help and support.

<https://mensadviceline.org.uk/>

0808 8010 327

Childline

A confidential helpline for any child under the age of 19 years.

<https://www.childline.org.uk/info-advice/home-families/family-relationships/domestic-abuse/>

0800 1111

GALOP (Formally Broken Rainbow)

GALOP support LGBT+ people who have experienced abuse and violence.

<https://galop.org.uk/>

0800 999 5428

Help for Domestic Violence Perpetrators | Respect Phone Line UK

Can work with perpetrators to help them understand their behaviours and make positive change.

www.respectphoneline.org.uk

0808 802 4040

The Healing Together Programme

This is a trauma informed programme based on 6 sessions and can be delivered as a group programme or on a one to one basis within different settings (i.e. schools, community services). The programme is suitable for children and young people aged 6 - 16.

[Healing Together | Home \(healing-together.co.uk\)](http://healing-together.co.uk)

Samaritans

116 123