



It might not be your GP you need to see. How about using PCN Patient Services.

The Harvey Practice is part of Poole North Primary Care Network (or PCN).

The PCN helps the Practice provide additional patient services. Some of the services you need your GP to refer you and some you can refer yourself.

Services patients can refer themselves to:

- ★ **Musculoskeletal (MSK) First Contact Practitioner** - for advice & treatment of joint pain.
- ★ **Direct Access Physio**- you can make a self-referral on www.msksdorset.nhs.uk and our secretaries will add you to our waiting list.
- ★ **Social Prescribing & Health Coaching** - for support with practical, social & emotional difficulties.
- ★ **Nurse Practitioners** - for support with a range of health issues including new/sudden onset health problems.
- ★ **Dorset Mind** - for Mental Health support for adults & children & Active Monitoring guided self-help.

Services GPs need to refer you to:

- ★ **Direct Physio**- for physiotherapy treatment.
- ★ **Podiatry**- specialist foot care for advice & treatment.
- ★ **Adult & Teen Counselling Services** – for support with personal & emotional issues (i.e. loss or relationship problems).
- ★ **Spirometry** – Respiratory Services to assist in the diagnosis of asthma or COPD.